

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

| | | | |
|--|---|--|----------------------|
| (1) DEPARTMENT Behavioral Health | (2) MEETING DATE 7/26/2016 | (3) CONTACT/PHONE Amy Olson, ASO II, 781-4729 | |
| (4) SUBJECT Request to approve a FY 2016-17 renewal contract, with the option to renew for two additional years, with the San Luis Obispo Child Resource Development Center, Inc. in an amount not to exceed \$50,000 to provide mental health services to Medi-Cal eligible Seriously Emotionally Disturbed (SED) children. All Districts. | | | |
| (5) RECOMMENDED ACTION It is recommended that the Board approve a FY 2016-17 renewal contract with the San Luis Obispo Child Resource Development Center, Inc. in an amount not to exceed \$50,000 to provide mental health services to Medi-Cal eligible Seriously Emotionally Disturbed (SED) children. | | | |
| (6) FUNDING SOURCE(S) Medi-Cal, EPSDT, Realignment | (7) CURRENT YEAR FINANCIAL IMPACT \$50,000 | (8) ANNUAL FINANCIAL IMPACT \$50,000 | (9) BUDGETED? Yes |
| (10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____) | | | |
| (11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A | | | |
| (12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001683 | | (13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A | |
| (14) LOCATION MAP N/A | (15) BUSINESS IMPACT STATEMENT? No | (16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>10-07-2014</u> | |
| (17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell | | | |
| (18) SUPERVISOR DISTRICT(S) All Districts | | | |

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, MFT, Behavioral Health Administrator

DATE: 7/26/2016

SUBJECT: Request to approve a FY 2016-17 renewal contract, with the option to renew for two additional years, with the San Luis Obispo Child Resource Development Center, Inc. in an amount not to exceed \$50,000 to provide mental health services to Medi-Cal eligible Seriously Emotionally Disturbed (SED) children. All Districts.

RECOMMENDATION

It is recommended that the Board approve a FY 2016-17 renewal contract with the San Luis Obispo Child Resource Development Center, Inc. in an amount not to exceed \$50,000 to provide mental health services to Medi-Cal eligible Seriously Emotionally Disturbed (SED) children.

DISCUSSION

The San Luis Obispo Child Development Resource Center, Inc. (CDRC) is a nonprofit organization and community program that provides educational and therapeutic programs that focus on protecting children through a commitment to heal, support and strengthen families in need within San Luis Obispo County. Programs at CDRC are for children and their families and are dedicated to breaking the cycle of child abuse by providing a network of prevention, intervention, and treatment services to protect children in any setting. Recently added services include preschool services in addition to the child development and therapy services. CDRC's mental health services component includes assessments, plan development, individual and group therapy, individual rehabilitation, consultations with significant support persons, and case management. CDRC provides services to SED children between the ages of two and ten years who are experiencing developmental delays and behavioral problems. The program offers therapeutic and behavioral intervention and feedback to improve the child's functioning in a variety of settings, including pre-school, school, family, and other social settings. CDRC staff can request that Behavioral Health (Managed Care) authorize a referral for a mental health assessment of a Medi-Cal beneficiary child in their care to determine medical necessity for the County funded program. Client referrals can also be made by County Behavioral Health staff to CDRC.

The center has earned special commendations as an exemplary early prevention and intervention program from the California State Department of Education for their unique wrap around child development/mental health and family services, and for outstanding community support and involvement of the program. Furthermore, the program meets the Children's Service's Networks' SAFE model for effective and quality programs are in conjunction with the California Department of Education's (CDE), Child Development Program Title V, California Code of Regulations.

In FY 2016-17, CDRC plans to provide mental health services to a minimum of 20 children referred by the County. These service levels vary based on medical necessity and Medi-Cal eligibility. It is estimated that services provided in FY 2016-17 will be slightly higher than in FY 2015-16.

As specified in Exhibit C.4., the Option to Renew section of the contract, the contract may be extended for two one-year periods with the approval of the Health Agency Director. The Health Agency Director may also approve any changes pertaining to types of service(s), service level changes or rate changes as specified in Exhibit D.30, the Delegation of Authority section of the contract.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

Behavioral Health's FY 2016-17 Adopted Budget includes \$50,000 for the CDRC contract, which is projected to provide services to a minimum of 20 unique children. Medi-Cal and EPSDT revenue are billed to cover approximately 91% of the service cost. Realignment pays the local match requirement, which is 9% of the amount billed to Medi-Cal and EPSDT. Of the \$50,000 contract amount, approximately \$45,500 can be recovered from Medi-Cal and EPSDT and the remaining \$4,500 can be funded with realignment dollars. The contractor is reimbursed for only actual services provided. Approximately \$36,300 was expended on the FY 2015-16 CDRC contract.

RESULTS

Developmental goals are established by the California Department of Education. The program is designed to improve a child's functioning and prepare him/her for success in a public school setting. Broad categories include developing personal and social competence as well as physical and motor competence. Program goals include assisting children to become effective learners and to lead safe, healthy lives. These broader goals are divided into multiple measurement categories and individualized to meet each child's needs.

During FY 2015-16, an average of 14 children per month were provided with mental health services for SED youth through the County funded program.

The FY 2016-17 budgeted service level and performance measures represent minimum expectations negotiated with the contractor. These anticipated performance measures are based on the cohesive, ongoing therapeutic and case management services provided daily to at-risk children and families. With parental support and family collaboration, more families will remain intact and children will avoid psychiatric hospitalization. Behavioral Health staff and CDRC will be assessing appropriate performance measures during the year to determine if additional meaningful data can be collected and reported in the future, as well as which measurable outcomes should be included in future contracts for specialty mental health services for youth.

The following table shows program results:

| Year | 2013-14 Actual | 2014-15 Actual | 2015-16 Outcome | 2015-16 Actual | 2016-17 Target Outcome |
|--|-------------------|-------------------|--------------------|-------------------|------------------------------|
| Percent of children served who will avoid acute psychiatric hospitalization | 100% | 100% | 100% | 100% | 100% |
| Number of children out of 20 served who will avoid acute psychiatric hospitalization | 20/20 | 20/20 | 20/20 | 20/20 | 20/20 |
| Percent of children served who will avoid placement in foster or group home | 95% | 95% | 95% | 100% | 95% |
| Number of children out of 20 served who will avoid placement in foster or group home | 19/20 | 19/20 | 19/20 | 20/20 | 19/20 |
| Percent of children served who will show improvement in Behavioral and Emotional Needs as measured by CANS | N/A | N/A | N/A | N/A | 80% |

CDRC's educational and prevention programs provide a much-needed service to children and families in the community. These mental health services are part of a larger continuum of care to improve the quality of life of those served. Providing the most appropriate services to these clients increases their probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Child Development Resource Center FY 2016-17 Contact Renewal